

MDH Quarantine and Isolation Timeline

Template to be completed by administrator and sent to families following each classroom exposure

Class:

Date of Last Exposure:

Test Date:

	Criteria for Return	Return Date
Infection	<u>Original infected person:</u> <ul style="list-style-type: none"> • Isolate at home for 5 full days • Symptoms should be fully resolved, no fever for 24+ hours without medication • Proof of negative at-home rapid results <i><u>strongly recommended</u></i> before return • If lingering symptoms: Must provide a doctor's note • Masking for 5 additional days required 	(at least 5 FULL days following onset of symptoms or positive test if asymptomatic)
	<u>Following onset of symptoms and/or positive test after exposure:</u> <ul style="list-style-type: none"> • Isolate at home for 5 full days • Symptoms should be fully resolved, no fever for 24+ hours without medication • Proof of negative at-home rapid results <i><u>strongly recommended</u></i> before return • If lingering symptoms: Must provide a doctor's note • Masking for an additional 5 days <i><u>required</u></i> 	Contact the office for timeline based on your specific situation.
Exposure	<u>Fully vaccinated OR infected in the last 90 days:</u> <ul style="list-style-type: none"> • No quarantine required if asymptomatic • Proof of negative laboratory or at-home rapid test results on the 5th full day after exposure <i><u>strongly recommended</u></i>. • No symptoms. • Mask for an additional 5 days 	(next day following exposure)
	<u>Unvaccinated or not infected in the last 90 days:</u> <ul style="list-style-type: none"> • Quarantine at home for 5 full days • Proof of negative laboratory or at-home rapid test results on the 5th full day after exposure <i><u>required</u></i>. • No Symptoms. • Masking for an additional 5 days 	(5 FULL days following exposure)
	<u>Unvaccinated or not infected in the last 90 days, cannot mask consistently and correctly:</u> <ul style="list-style-type: none"> • Quarantine at home for 10 full days • No symptoms • Proof of negative laboratory or at-home rapid test results on the 5th full day after exposure <i><u>strongly recommended</u></i>. 	(10 FULL days following exposure)